Problem-Solving Worksheet

1. **Identify**: What is the barrier?

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2. **Generate** all the possible solutions to this problem. Do not censor any. List them in the left hand column.
3. **Evaluate** the pros and cons of each solution
4. **Choose** the solution that looks the best for you
5. **Plan** how to implement this solution

Possible Solution	Pros	Cons

My action plan:

What I will do	When I will do it