PARENTING AND CHILD DEVELOPMENT SKILLS PRACTICE

(PLEASE BRING TO NEXT TRAINING SESSION)

•		
Name:	Date:	
Practice goals for this week:		
1. Increase FSW awareness of instances of parents' or other family members' inappropriate		

- developmental expectations
- 2. Increase FSW awareness of instances where parents could improve their use of selective attention.
- 3. Improve the FSW's ability to use selective attention.

Use this worksheet to plan for your practice, and then to record your observations. Feel free to share your

observations with your supervisor. We will discuss the practice in the next training session.
RIGHT NOW: PLAN HOW YOU WILL PRACTICE
1. IDENTIFY ONE PARENT ON YOUR CURRENT CASELOAD THAT YOU THINK MIGHT HAVE INAPPROPRIATE DEVELOPMENTAL EXPECTATIONS FOR HER/HIS CHILD
Parent's initials or name (first name only, please) What have you observed so far that gives you the impression that her/his expectations may not be developmentally appropriate?
2. IDENTIFY ONE FAMILY ON YOUR CURRENT CASELOAD FOR WHOM YOU THINK SELECTIVE ATTENTION MAY BE A CHALLENGE.
Parent's initials or name (first name only, please) What have you observed so far that gives you the impression that they may need help with selective attention?
3. PRACTICE USING SELECTIVE ATTENTION WITH AT LEAST ONE CHILD BEFORE THE NEXT TRAINING SESSION (DOES NOT HAVE TO BE A CHILD ON YOUR CASELOAD).
Initials of child with whom you plan to practice
OVER THE NEXT 2 WEEKS (BEFORE NEXT TRAINING) 4. DESCRIBE ANY EXAMPLES OF DEVELOPMENTALLY INAPPROPRIATE EXPECTATIONS THAT YOU OBSERVED IN THE FAMILY IDENTIFIED IN #1 ABOVE (OR IN OTHER FAMILIES). PLEASE BE SPECIFIC.

5. DESCRIBE ANY INSTANCES OF DIFFICULTY WITH SELECTIVE ATTENTION THAT YOU OBSERVED IN THE FAMILY YOU IDENTIFIED IN #2 ABOVE OR IN ANOTHER OF THE FAMILIES YOU VISITED. WHAT DID YOU NOTICE? HOW DID THE CHILD RESPOND?
6. DESCRIBE YOUR OWN PRACTICE USING SELECTIVE ATTENTION .
6A. WHAT WENT WELL
6B. WHAT DID NOT GO AS WELL AS PLANNED
7. SUPERVISOR'S FEEDBACK