

MIECHV Advisory Board Meeting Notes

December 6, 2017, 1– 3:00pm, UMBC South Campus

In attendance:

- Board Members: *Anissa King, Natasha Peterson, Valerie Bronlow, Pamika Lee, Shetiel Coley, Sandra Haskett, Colleen Wilburn, Laura Latta, Nancy Vorobey*
- UMBC MIECHV Staff: *Carlo DiClemente, Lyn Dahlquist, June Sutherland, Bronwyn Hunter, David Schultz, Elisabeth Groth, Samantha Moran, Alicia Wiprovnick, Tali Rasooly, Sam Bento, Daniele Weiss,*
- Other Partners and Guests: *Mary LaCasse- DHMH, Laina Gagliardi – Johns Hopkins*

Carlo facilitated the meeting and started out with introductions. The newest individuals to join the advisory board are *Anissa King, Natasha Peterson, Laura Latta and Pamika Lee.*

Notes:

Training

- Carlo reviewed demographics and evaluation data from the last trainings.
 - Suggestions/Feedback:
 - Conduct a “post-post-test” to see where confidence, etc. is longer term.
 - **Capture the** interactions between trainees and their families to see potential changes/effects
 - At the supervisor booster session, the training team was pleasantly surprised by how much the supervisors remembered from the training.
- The group was made aware of the spring 2018 training schedule and the approximate number of trainees that were signed up at the time.
 - 12-14 people registered
 - The group also addressed staff turnover and supervisor involvement. It was highlighted that supervisors do not need to accompany new staff to the training but is required to oversee the practice assignments.
- Video production:
 - Short video clips are now finished (examples of open ended questions, reflections, etc. for the mobile app and website)
 - Longer videos are incorporated in the training
 - The team is currently working on organizing the videos and creating taxonomy

- **Website and app preview**
 - Carlo went over some of the app/website pages with the group
 - Readiness ruler, search page, quiz page, video display
 - ***Follow up questions and feedback:***
 - Where can the app be located?
 - Available for apple and android
 - App was created for phone use since everyone has a phone
 - Can access the app on tablets but the display will not be as clear as the phone view
 - Everyone can access the website from tablets and other devices
 - Not everyone has a tablet
 - How do you use your phone as home visitors?
 - Primarily use google and YouTube for research
 - Use text messaging a lot with clients, there is also an ASQ app that will calculate scores
 - This app will be useful for planning, and for when things come up
 - We will be able to print from website and bring hard copies for clients
 - What will the user testing piece look like?
 - Mindgrub has its own user testing procedure
 - We will likely have a spring meeting where we have people look at the app
 - If anyone has name suggestions let the team know:
 - Set up a name the app contest
 - The App will have a resource piece
 - Will be connected to MD211
 - Early versions may just be a link
 - later versions might have it in the app
 - MDCSL no longer has funding support
- **Supervisor booster session- Feedback**
 - 14 supervisors or about 75% of trained supervisors attended the session
 - Case consultation went well
 - Aiming for 1-2 sessions per year in conjunction with existing conferences
 - Session was very helpful
 - Provides opportunity to talk about topics not in the training (role of dads, etc.)
 - Should have booster sessions for home visitors as well
 - Inconsistent supervisor training opportunities (less you get the higher up you go)

- **New projects:**
- **Substance Exposed Newborn (SEN)**
 - This is a multidisciplinary training - not just geared to home visiting
 - Training will target Home visitors and CPS staff from the same region
 - We plan to offer online and in person training
 - We've established an advisory group of 10 professionals:
 - Treatment professionals
 - CPS staff
 - Pediatricians
 - Judges/legal professions
 - ***Follow up Questions and Feedback:***
 - Could it be open to other disciplines such as hospitals, WIC, health department etc. who work with at risk families?
 - Could this be designed for groups to do the online piece together?
 - Several board members said their agencies prefer this so they can get it done and process it together
 - What is our current timeline?
 - Ready to pilot in May
 - Launch in May according to MOU
 - Hopefully CPS will help fund the project in the fall
 - What is the outcome? Referrals? Ability for parents to parent?
 - Build communication between agencies, know what to expect from an opiate exposed child, coordination, collaboration and more
 - Connect with the CAP program at Johns Hopkins
- **Goal Planning Strategies (GPS)**
 - Overview of outline
 - Backward vs. Forward
 - SMART goals
 - Some will need more training than others
 - Coaching
 - Innovation – defined in terms of how we are doing goal planning not what we are doing
 - Goal is greater retention with better tools
 - Goal planning isn't new— we are just trying to support the process better
 - Plan to conduct a stakeholder's meeting with Phyllis and national models to talk to people with different approaches
 - In NJ we are training the trainers but we will do the training in Maryland

- Coaching vs. supervision
 - Coaching is about skills
 - Provide feedback
- ***Follow up Questions and Feedback:***
 - Post tips on wall in office as reminders
 - What qualities should people be looking for in peer coaches?
 - Negotiate motivational communication
 - Critically evaluate skills
 - Nonjudgmental
 - Good communicators
- There are home visitors that have chosen not to advance because they don't want to get away from working with families. This could be a good opportunity for those people who have a lot of good experience to build on.
 - Might need to incentivize this since home visitors and supervisors are so overwhelmed
 - It might be good to have an outside person do the coaching piece — people might feel more comfortable or be more apt to listen
 - Should we have a self-reflection section?
 - This has been done for SBIRT
 - How does coaching fit in with supervision?
 - We are trying to figure this out
 - 1x a month?
 - With who?
 - might be able to get a waiver from HFA
 - Permission is required from NFP to deviate from the curriculum
 - New Jersey has a large NFP population and is trying to figure some of this out
- **Training Sustainability**
 - Trying to price out training, so we can live beyond the current funding
 - Trying to figure out online training portion
 - NFP has a 40 hour online training piece for new hires
 - Online trainings currently offered:
 - Can be done individually or in groups
 - Can start and stop and save work
 - Videos and tests included
 - Must pass with a minimum score
 - Can get a certificate
 - If unavailable at a certain time, staff can still do it at a later time

- Most of the group uses webinars
- People like doing online training in groups that way there is a way to get answers to questions and know that everyone is doing it and hearing the same message.
- Is doable during staff meetings